

A stylized, layered landscape illustration. The foreground features rolling green hills in various shades of green, with a dark brown path winding through them. On the left, there are several plants: a green tree, a purple flower, and orange mushrooms. A small red bird is flying in the sky above the trees. The background consists of horizontal bands of light blue and white, suggesting a sky or distant hills.

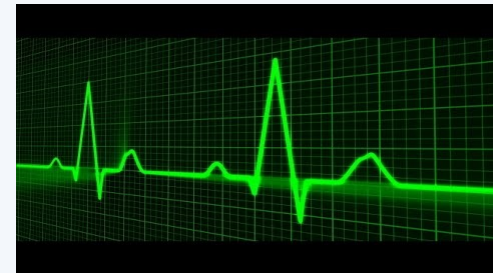
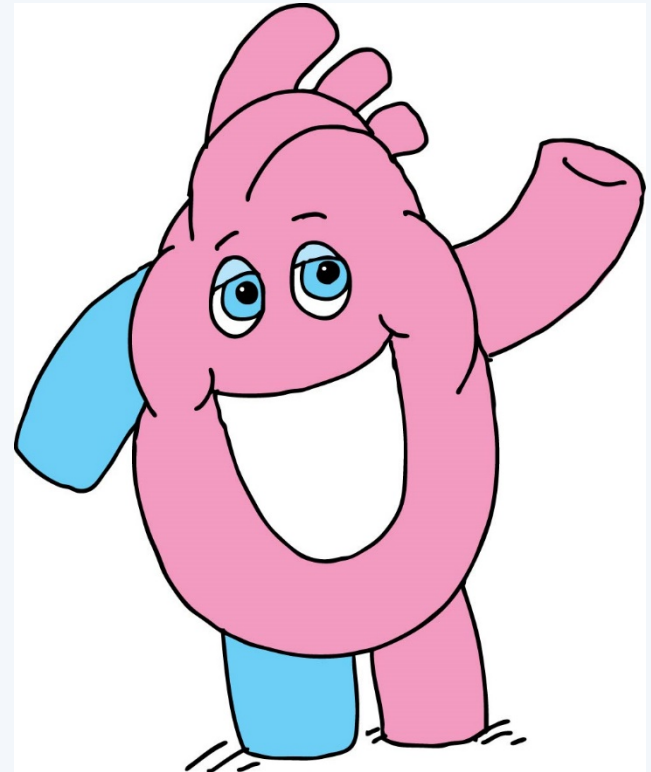
# Organ Wise

# Organs

- Heart
- Lungs
- Liver
- Kidneys
- Pancreas
- Small Intestines

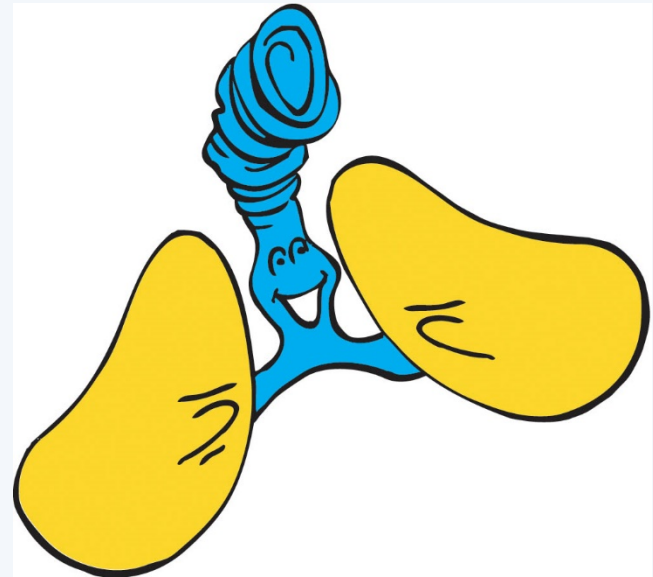
# Heart

- Hardy Heart
- Fun-Loving Kind and Strong
- “Healthy foods and physical activity help he me keep the beat.”
- I Pump Blood through the body



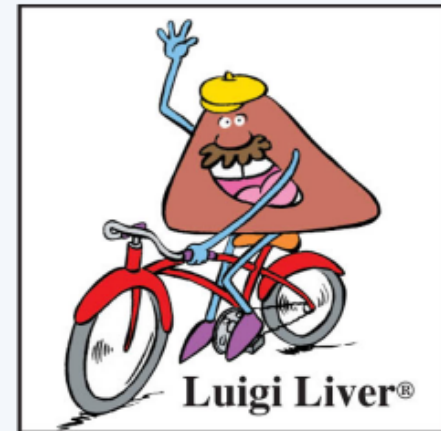
# Lungs

- Windy(the lungs)
- Her aspiration is respiration
- “Fresh is my middle name. Fresh air, fresh fruits, and veggies!”
- I make sure your body gets oxygen.



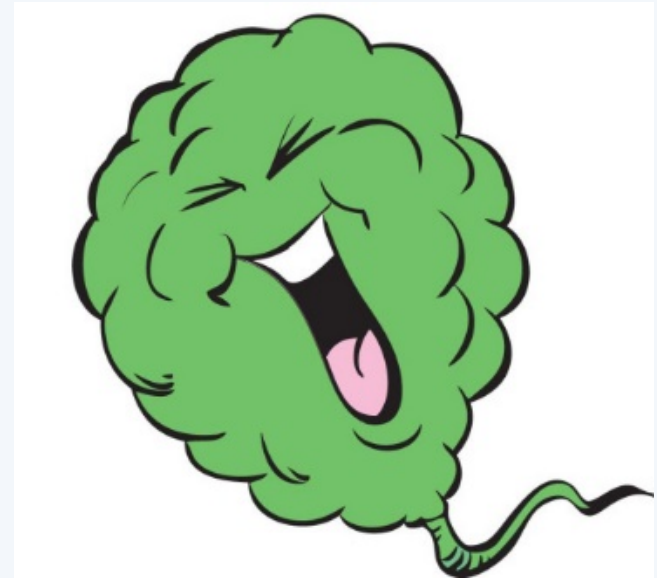
# Liver

- Luigi Liver
- Master of Metabolism
- “My Favorite activity is Liverdance!”
- I help break down the foods that you eat and send the wastes to the intestines.



# Pancreas

- Peter Pancreas
- Regulates each glucose dose
- “My job sure is a balancing act!”
- I produce a hormone called insulin.



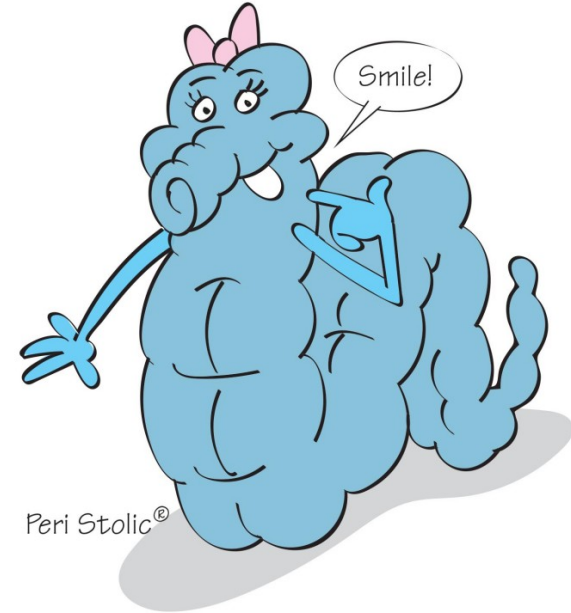
# Kidneys

- The Kidney Brothers
- Fun-loving pranksters who enjoy water sports
- “Life is a marathon, not a sprint! Drink water and stay hydrated!”
- We help filter the blood in your body and get rid of wastes, called urine.



# Small Intestines

- Peri Stolic
- Good Intestine Fortitude
- “ High-fiber foods and physical activity really keep me moving!”
- I absorb foods leaving the stomach and send wastes to the large intestines to leave the body.





# Staying Healthy

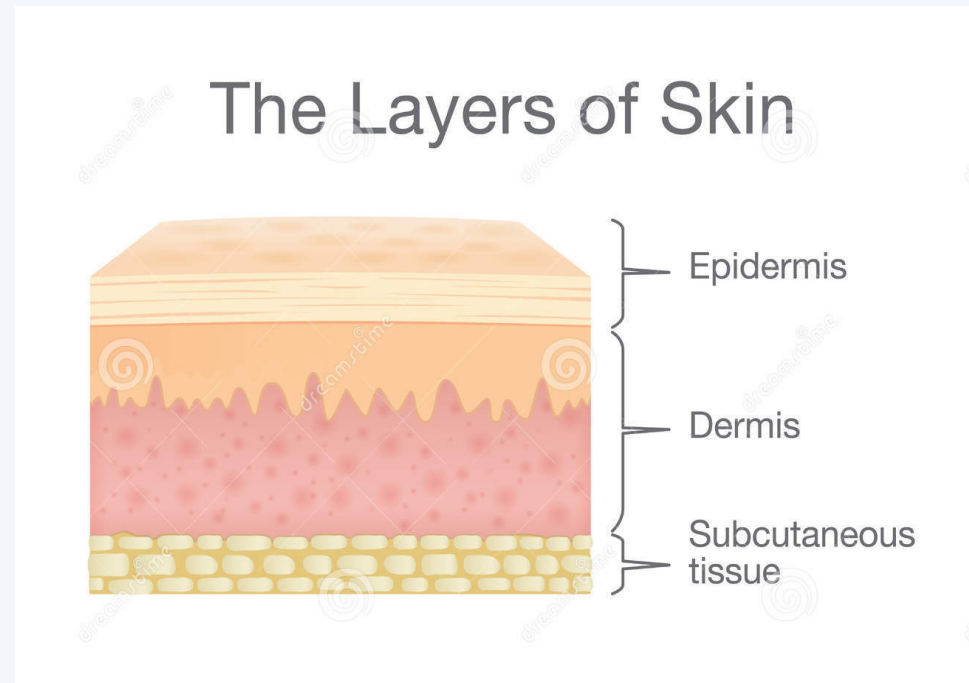


# Tissues

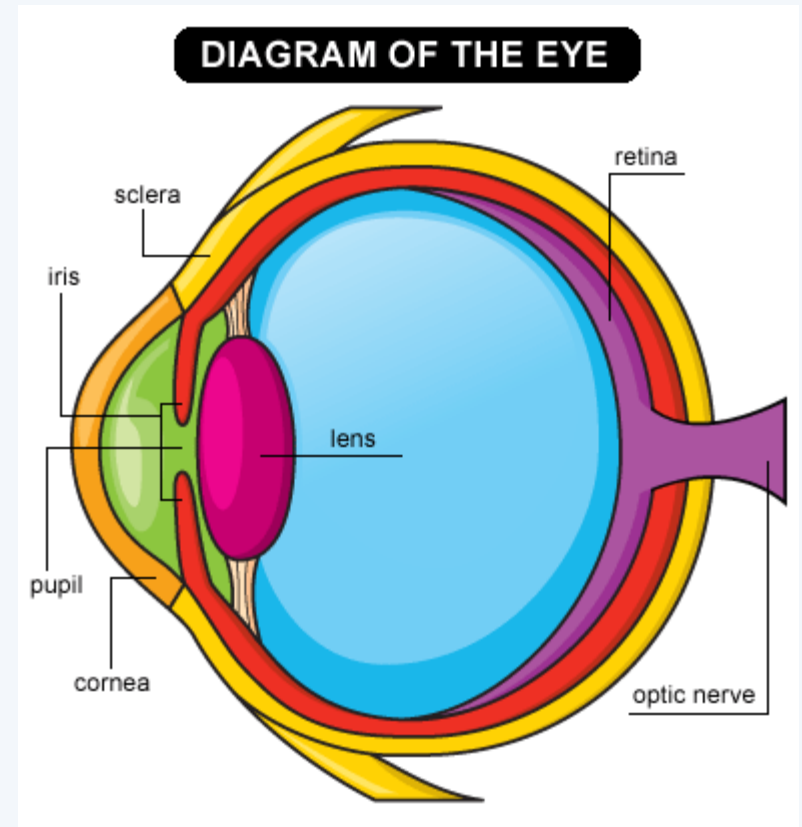
- Skin
- Corneas
- Bones
- Muscles

# Skin

- Protects our bodies
- Helps keep our bodies at just the right temperature
- Allows us to have the sense of touch

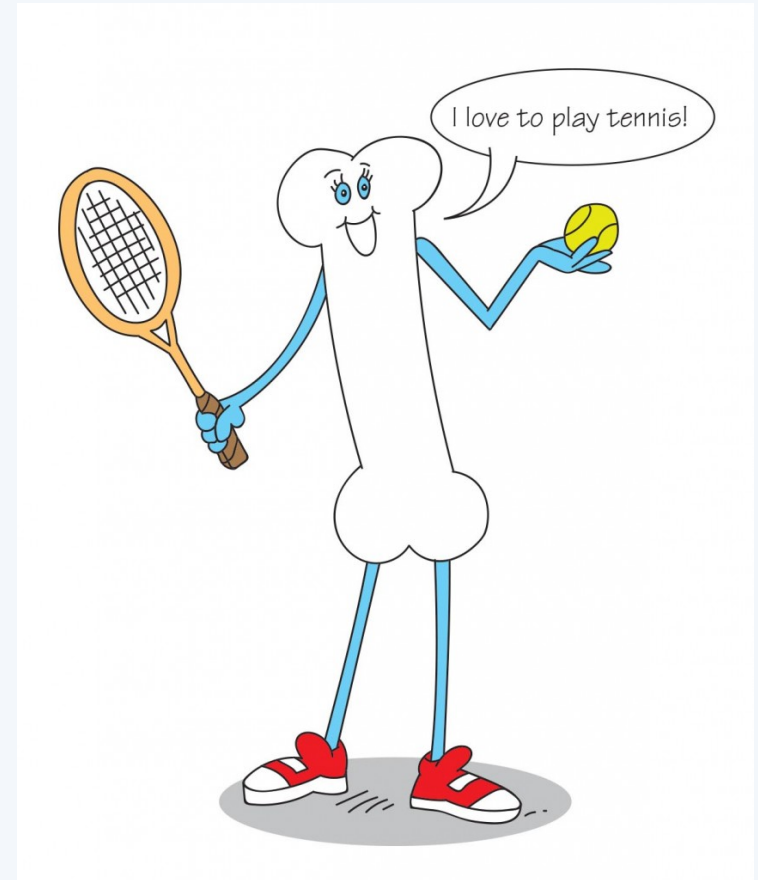


# Eyes



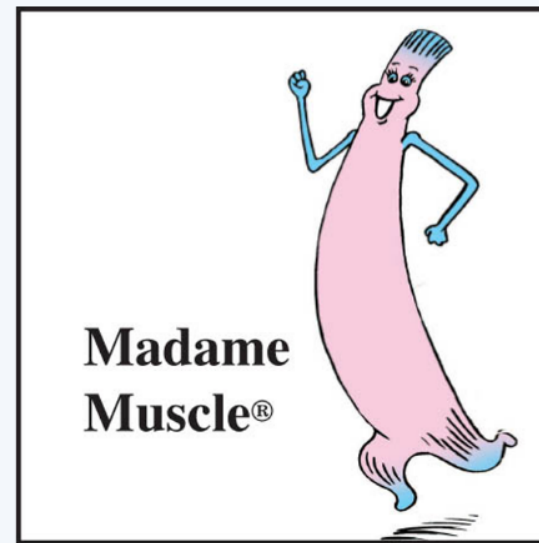
# Bones

- Calci M. Bones
- Strong on the outside and soft on the inside.
- “Stay rich in calcium. Make daily deposits in your bone bank.”



# Muscles

- Madame Muscle
- Strong yet flexible
- “Use me don’t lose me. Exercise every day!”



# What did you learn?

- What are organs and what do they do?
- Heart, lungs, liver, kidneys, pancreas and small intestines have to work together to make a body healthy.
- What are tissues?
- Keep tissues and organs healthy by wating healthy foods, exercising, and drinking plenty of water.