

Circle the
HEALTHY habits
and cross out the ones
that are NOT healthy.

- * Say no to drugs
- * Watch ten hours of TV a day
- * Exercise five times a week
- * Stay up really late
- * Use your seatbelt
- * Eat lots of candy
- * Brush your teeth every other day
- * Get plenty of sleep
- * Drink lots of water
- * Wear a helmet when riding a bike or roller blading

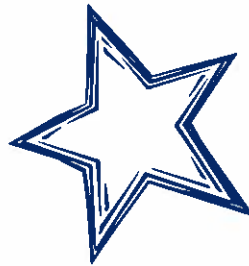


TEST YOUR BODY KNOWLEDGE

Name the organ in your body that has
the following function:

1. Pumps blood throughout the body _____
2. Helps you breathe _____
3. Cleans the blood _____
4. Holds the food _____

Answers: 1. Heart 2. Lungs 3. Kidneys 4. Stomach



Hidden WORD Search

Stuffee helped you
learn about your organs.

Find and circle
the words below.



Liver, Lungs, Heart, Kidney,
Esophagus, Intestine

H	R	P	I	L	J	S	Q
E	L	U	N	G	S	U	F
A	P	S	T	U	A	G	K
R	H	J	E	P	T	A	I
T	E	G	S	C	N	H	D
O	S	R	T	G	X	P	B
R	O	W	I	F	B	O	M
K	I	D	N	E	Y	S	Y
V	N	T	E	X	P	E	R
E	H	L	I	V	E	R	T

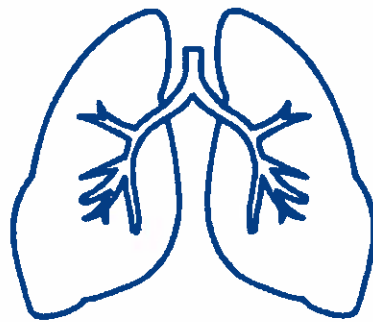


COLOR STUFFEE'S ORGANS

Color:
 heart-red
 lungs-pink
 small intestine-green
 pancreas-orange
 liver-brown
 kidneys-purple



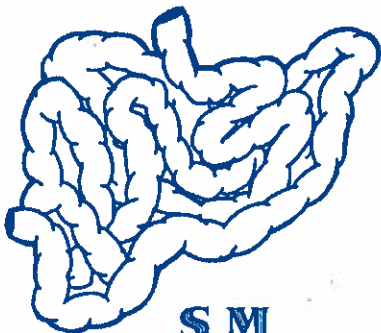
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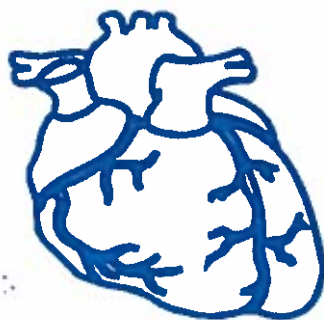


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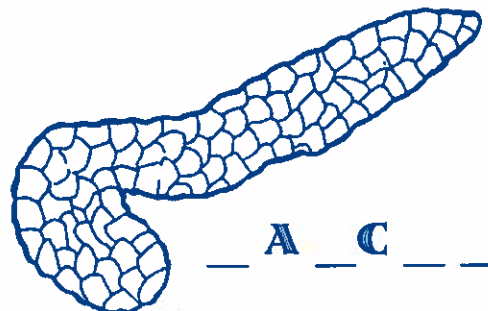


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